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| Start Date | **Location Details** | | **Morning/**  **Afternoon/ Evening** | | **In person/**  **Online**  **Delivery** | |
| 30th January 2025 | **Beaumont RCSI Cancer Centre, Dublin**  01 809 3000 | | Morning | | In person | |
| 21st March 2025 | Hope Cancer Support Centre  Phone: (053) 923 8555  Email: info@hopesupportcentre.ie | | Morning | | In person | |
| 5th March 2025 | Cois Nore Cancer Support Centre  Kilkenny Education Centre  Callan road, Kilkenny  Phone: (056) 775 2222  Email: info@coisnore.ie | | Morning 10am-1pm | | In person | |
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